

Havering and East London Ramblers

www.haveringeastlondonramblers.btck.co.uk

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**Programme and Newsletter
December 2017 - March 2018**



Ellen Owen, Chair of Havering and East London Ramblers

It was a great privilege to be elected Chair of HELR's at the AGM. I am an occasional walker but when I do ramble I love the friendliness and opportunity to walk and talk with everyone.

This group has fantastic commitment from its walk leaders and Committee. I would personally like to commend everyone for their continued

support in delivering excellent walks. Looking at the big picture since October 2016 to September 2017, 161 walks have been provided by 28 walk leaders, which benefited over 3,400 walkers. This is a great achievement and truly appreciated.

In 2018 we will be celebrating our 30th anniversary. The first walk took place on 25 March 1988 and the first Committee meeting in the June. The Committee are now discussing putting on a special walk and a social celebration later in the year. To help make this a great celebration I would like to ask people for any photographs you may have of the early days of walking in this group and any special stories and highlights.

The photographs can be emailed to *chairhaveringramblers@gmail.com* or telephone me if you would like to share stories or hardcopy pictures (01708 372679).

Lastly I would like to re-introduce our social evenings by having regular curry or quiz evenings, or if anyone has any other ideas please let me know.

Happy walking and talking!!!

Ellen

Secretary's Report

At the AGM on October 23rd, the following officers were elected -

Chair Person: Ellen Owen

Walks Secretary: Marion Franklin

The following were re-elected-

John Smith: Treasurer

Diane Biggadike: Membership and Minutes Secretary

Peter Owen: Webmaster and Publicity Officer

Ian Rusha

I continue as Secretary

Joan Bullivant has resigned as Footpath and Countryside Officer. Is there anyone who might consider taking on this role. I am sure that Joan would give every assistance to an applicant.

The meeting concluded with an interesting talk on the English Coastal Path given by Alison Hallas.

The Essex Area AGM will be held on Saturday 10th February at Chelmsford County Cricket Ground. All are invited.

The Havering and East London group celebrates its 30th anniversary on March 25th. More details later.

Did any of our members take part in the walk with Vanessa Griffiths , the Ramblers CEO in June? If so I have a copy of her report they might like to see.

Finally, many of us know Ron Lockhart. Sadly, his wife died recently. A sympathy card was sent on behalf of the group,
Ken Richards (Secretary)

Footpath Secretary and Walking Environment Officer for Havering and for Barking and Dagenham

Thank you for all the support that you have given me over the past seven years.

At the AGM in 2016 I said that I intended only continuing for one more year in the above posts. At the AGM in October 2017 nobody came forward to take over so the posts are now vacant. As a temporary measure, I can continue, if need be, until mid-January 2018 but someone needs to come forward in time for the Essex Area AGM in February 2018.

Full descriptions for Group Footpath Secretary and Group Walking Environment Officer are given on the Ramblers website. In Essex most volunteers combine the two roles.

Both roles require someone who is interested in walking opportunities in the local area. The role of the Footpath Secretary is focussed on working to protect and enhance the local rights of way network. The role of the Walking Environment Officer is focussed on looking at planning and environmental issues as they relate to walking in your area.

In my opinion, the essential thing is that you are a contact person for your group, Essex Area, Ramblers Central Office, local authorities, Ramblers and, indirectly, members of the public.

I find it hard to say how much time is required on a weekly basis as you need to be flexible with time as mostly it is a matter of responding to problems and matters as they arise and persisting with some previous issues. I only have a limited amount of time available so have prioritised matters which have to be dealt with and focussed on aspects of the roles which have been of most interest to me.

Please contact me if you are considering taking on these positions and want to discuss matters in more detail. I will continue to be a member of our group so will be there to offer support, if need be.

Joan

Walks Secretary

If new to leading a ramble, and you want a bit of help, please ask and we'll do our best to support you every step of the way.

Thank you to all who give their time to lead walks.

Marion

01708 457547 (with answerphone)

marionf1949@gmail.com



London Loop



A quick update ...

Unfortunately, we have been unable to complete the Loop this year. It is anticipated that we will be on track to finish early next year.

Please give your email address to the group email:

haveringeastlondonramblers@gmail.com

to be included on future walk updates.

Sandra Dalton

Information and Web Master

What can I give as a present for Christmas which will last till New Year, doesn't cost a fortune, and has feel good factor, and is simple to arrange? A question many ask ourselves at this time of year.

The answer of course is to stop having printed programmes, and use the website and the electronic version of this programme for your information needs. Many find the website suits their needs for walk information, which is available on the move on smart phones and tablets as well as PCs.

So will it last into the New year? Yes, and for many years to come. Does it cost a fortune? No, it saves both financially and in time and effort of distribution.

Feel good factor? Definitely.

Simple to arrange? Yes.

Just drop an email to: *haveringeastlondonramblers@gmail.com* and say you no longer require the printed programme.

Have a wonderful Christmas and New Year.

Peter

Tuesday 12th December - 1pm - Christmas Lunch 2017

Ye Olde Plough House, Brentwood Road, Bulphan RM14 3SR.

www.yeoldeploughhouse.co.uk

If you've not already booked, please contact John Smith,
01708 769274, to check availability and book as soon as possible.

Children in Need Walk Saturday 7th October

So far I have collected £328, and there is still a little more money to come. A very big thank you to everybody who took part or contributed.
Coral O'Neill

Dogs on walks



Medical
Detection Dogs

To comply with the Disability Equality Act (2010), we must allow registered assistance dogs to participate with their owners e.g. guide, hearing, service, therapy and seizure alert dogs.

We will continue to let Walks Leaders decide whether to allow non-assistance dogs to participate in their walks.

Car share

Please car share where possible, as parking is often quite limited.

All walks

If the weather is inclement, please check our web site (see page 1), or contact the leader, to see if the walk will take place.

For specific walk-related enquiries, please contact the walk leader direct before phoning the group mobile phone number.

London walks can attract a large number of ramblers, many from other groups. This is due to people finding these walks in the Walk Finder section of the Ramblers website (ramblers.org.uk). Therefore if you would prefer not to have your walk included in Walk Finder please let the Walks Secretary know when you supply your walk details.

Visit the TFL web site (tfl.gov.uk) to check your route and the availability of public transport before travelling, especially at weekends, to allow for the planning of alternative routes.

Walking with the Ramblers

All sporting activities have inherent hazards associated with them, and rambling is no exception. In spite of the safety of members always being the paramount concern, accidents will occasionally occur. It is therefore important that when entering into the activity, each member appreciates that they have a responsibility to identify the hazards associated with the activity, and take all reasonable steps to eliminate or minimize the potential for an accident to occur.

The Ramblers Association is a company limited by guarantee, registered in England and Wales. Company registration number 445892. Registered charity in England and Wales Number 1093577. Registered office, 2 Floor, Camelford House, 87-90 Albert Embankment London SE1 7TW.

Havering and East London Ramblers Committee Members

Chair:
Ellen Owen

Secretary:
Ken Richards, 26 Arundel Road,
Harold Wood, Romford.
RM3 0RT

01708 375559

Treasurer:
John Smith

Membership Secretary:
Diane Biggadike

Minutes Secretary:
Diane Biggadike

Walks Secretary:
Marion Franklin e-mail marionf1949@gmail.com

Havering Footpath Secretary & Walking Environment Officer:
Vacant (see editorial)

Newham Footpath Secretary & Walking Environment Officer:
John Buckle*

Webmaster:
Peter Owen e-mail haveringeastlondonramblers@gmail.com

Ordinary Committee Member:
Ian Rusha

*For information only



As you read through this programme please start thinking about any walks that you could put on the next programme.

To help you to get dates that suit you we are happy to accept walks from the beginning of December. Thank you.

DECEMBER

Saturday 02 December

No walk planned. If you would like to lead a walk please email the details to haveringeastlondonramblers@gmail.com

Sunday 03 December 10:00 Norman & Kathleen Valentine

Meet at West Ham Station (ticket hall) for a circular canals walk.

Packed lunch advisable

Registered assistance dogs only. **7 miles**

Tuesday 05 December 10:30 Marion Franklin

Meet at Tottenham Hale Station (toilets on main line platform 2, near the Pumpkin Cafe) for a Lea Valley walk, via the Middlesex Filter Beds Nature Reserve, finishing at Westfield, Stratford.

Registered assistance dogs only. **6 miles**



River Lea Resident

Saturday 09 December 10:30

Micky Doyle

Meet at Holloway Road Station for a walk finishing at Liverpool Street Station. The walk is easy to cut short with lots of drop-out points.

Registered assistance dogs only. **Approx 6.5 miles**

Sunday 10 December 10:30

Micky Doyle

Meet at St Paul's Station for a walk finishing at Liverpool Street Station.

Registered assistance dogs only. **5.5 miles**

Tuesday 12 December

See editorial for the Christmas Lunch reminder.

Saturday 16 December

No walk planned. If you would like to lead a walk please email the details to haveringeastlondonramblers@gmail.com

Sunday 17 December 09:00

Sandra Dalton

Meet at Harold Wood Station for car share to Viper PH, Mill Green. Walk via forest and field paths (some hard paths). Last chance to see Rudolf and friends before the big day. Festive treats en route finishing around lunchtime for pre-Christmas drinks in the Viper.

Registered assistance dogs only.

6.5 miles

Tuesday 19 December 10:15

Marion Franklin

Meet outside the Ingrebourne Valley Visitor Centre, Hornchurch Country Park, Squadrons Approach, Hornchurch. This figure of eight walk will include Berwick Glades, and circle other wooded areas.

Nearest Postcode: RM12 6TR Grid Ref: TQ536847

Registered assistance dogs only.

5 miles

Saturday 23 December

No walk planned. If you would like to lead a walk please email the details to haveringeastlondonramblers@gmail.com

Sunday 24 December (Christmas Eve) 10:00

Ron Lockhart

A joint walk with Brentwood Ramblers. Meet at the Ingrebourne Hill car park, Rainham Road, Rainham (entrance opposite Travis Perkins).

Postcode: RM13 8ST

Grid ref :TQ522830

Registered assistance dogs only.

12 miles

Tuesday 26 December (Boxing Day)

No walk planned. If you would like to lead a walk please email the details to haveringeastlondonramblers@gmail.com

Saturday 30 December

No walk planned. If you would like to lead a walk please email the details to haveringeastlondonramblers@gmail.com

Sunday 31 December (New Year's Eve)

No walk planned. If you would like to lead a walk please email the details to haveringeastlondonramblers@gmail.com

2018 Happy New Year!

JANUARY

Monday 01 January (New Year's Day) 10:30 Ken Richards

Meet at Harold Court Wood car park. From Gubbins Lane, turn into Station Road and then right into Church Road. At the end of the road turn right into Harold Court Road, leading into Ivy Lodge Lane and the car park. Walk to Noak Hill, Dagnam Park and Hatters Wood.

Grid Ref: TQ560911

Registered assistance dogs only.

4 miles

Saturday 06 January

No walk planned. If you would like to lead a walk please email the details to haveringeastlondonramblers@gmail.com

Sunday 07 January 09:00

Ron Lockhart

Meet at the Harold Wood Neighbourhood Centre, Gubbins Lane, Harold Wood for a car share to Writtle.

Postcode: RM30QA

If going direct to Writtle, meet at the car park behind the Village Green

Postcode: CM1 3HY Grid Ref: TL678062.

Registered assistance dogs only.

7 miles

Tuesday 09 January 10:15

Norman Larsen

Meet at the exit of Royal Albert DLR Station for a walk to East India DLR Station via Trinity Wharf.

Registered assistance dogs only.

5 miles

Saturday 13 January 10:30

Jacquie and John Humphreys

Meet at the South Kensington Station main entrance, at Treats at the top of the stairs, for a walk finishing at Sloane Square Station.

Registered assistance dogs only.

Approx 5 miles

Sunday 14 January 09:00**Sandra Dalton**

Meet at Harold Wood Station for a car share to Blackmore. Time to put those New Year's resolutions about getting fit to the test and walk off some of those Christmas calories. Mainly hard paths throughout. Finishing at tea rooms in Blackmore for lunch/afternoon tea.

Registered assistance dogs only.

8 miles**Tuesday 16 January 10:15****Peter Rees**

Meet at Tower Hill Station for a linear walk to Island Gardens.

Registered assistance dogs only.

5 miles**Saturday 20 January 10:00****Rose & Chris West**

Meet outside Stratford Station by 'Robert' railway engine for a circular urban walk via Forest Gate Park, West Ham Park and Stratford Recreation Ground.

Registered assistance dogs only.

Approx. 5 miles**Sunday 21 January**

No walk planned. If you would like to lead a walk please email the details to haveringeastlondonramblers@gmail.com

Tuesday 23 January 10:30**John Buckle**

Meet at Tower Hill Station for circular City of London walk finding various alleyways.

Registered assistance dogs only.

5 miles**Saturday 27 January**

No walk planned. If you would like to lead a walk please email the details to haveringeastlondonramblers@gmail.com

Sunday 28 January

No walk planned. If you would like to lead a walk please email the details to haveringeastlondonramblers@gmail.com

Tuesday 30 January 10:30**Peter Owen**

Meet at Tower Hill Station for riverside walk to Surrey Quays.

Registered assistance dogs only.

5 miles

FEBRUARY

Saturday 03 February 10:30

Carol Thomas

Meet in the concourse of Liverpool Street Station at the end of platform 4/5. Walk to include Spitalfields area and eastern section of the city, to finish at St Pauls Station. Plenty of optional drop out points. Registered assistance dogs only.

5 miles

Sunday 04 February 09:00

Norman & Kathleen Valentine

Meet at Harold Wood Station car park for a car share to Danbury for a circular walk. Packed lunch advisable.

Registered assistance dogs only.

9 miles

Tuesday 06 February 10:30

Micky Doyle

Meet at Marks & Spencer's food hall, Westfield, Stratford for a walk finishing at Mile End.

Registered assistance dogs only.

5.5 miles

Saturday 10 February

No walk planned. If you would like to lead a walk please email the details to haveringeastlondonramblers@gmail.com

Sunday 11 February 09:00

Sandra Dalton

N.B. Please check website nearer the time in case the conditions require a substitute walk.

Meet at Harold Wood Station for a car share to One Tree Hill near Sevenoaks, Kent. Coffee stop at Ightham Mote and lunch in Sevenoaks. Hilly walk but there is no rush.

Registered assistance dogs only.

10 miles

Tuesday 13 February 10:30

John Buckle

Meet at Tesco's (car park entrance) near Bromley-By-Bow Station for canal walk via Victoria Park & Limehouse Basin, finishing at Canary Wharf.

Postcode: E3 3DA 5 miles

Registered assistance dogs only.

5 miles

Saturday 17 February 10:15 Rosalind Kendrick & Shirley Andrews

Meet at the car park opposite Miller & Carter Pub (was Camelot PH), Lambourne End for a figure of 8 walk around Hainault Forest. Stop at cafe on route.

Post code: RM4 1NH Grid Ref: TQ 478944

Registered assistance dogs only.

5 Miles.

Sunday 18 February 09:00

Norman & Kathleen Valentine

Meet at Harold Wood Station car park for a car share to Ingatestone, for a circular walk to Mountnessing. Packed lunch advisable.

Registered assistance dogs only

8 miles

Tuesday 20 February 10:30

Peter O'Neill

Meet at London Bridge Station Concourse by the Shard Building for a linear walk around the Inns of Court.

Registered assistance dogs only.

Approx 5 miles

Saturday 24 February 10:15

Rose & Chris West

Meet outside Queensway Station for a linear walk to Sloane Square via Kensington Gardens, South Kensington and Belgravia.

Registered assistance dogs only.

Approx. 5 miles

Sunday 25 February 10:00

Ron Lockhart

Meet at Cranham Playing Field car park, Sunnycroft Gardens. It's a small car park, but you can park in the road outside. We will call in at Puddledock for lunch stop. This will be an extended walk to which I would normally do.

Postcode: RM14 1HR Grid Ref:TQ579877

Registered assistance dogs only.

8 miles

Tuesday 27 February 10:00

Peter Owen

Meet at RSPB Purfleet (car park entrance off New Tank Hill Road, A1090), for a riverside walk towards Rainham. Return by train to Purfleet Station. Bring your own refreshment.

Grid ref: TQ551790

Registered assistance dogs only.

5 miles

MARCH

Saturday 03 March 10:15

Peter Rees

Meet at the Gunpowder Park in Sewardstone Road, Waltham Abbey for a circular walk.

Post Code: EN9 3GP

Lat 51.675757 / Lon 0.002355

Registered assistance dogs only.

5 miles

Sunday 04 March 09:00

Sandra Dalton

N.B. Please check website nearer the time in case the conditions require a substitute walk.

Meet at Harold Wood Station for car share, for a walk in Kent. Lunch in Westerham. Final route and mileage to be decided nearer the time but should include Chartwell (Churchill's house). Hilly walk but there is no rush.

Registered assistance dogs only.

6-10 miles

Tuesday 06 March 10:30

Coral O'Neill

Meet at Tower Hill Station for a linear walk to Westminster including St. James Park.

Registered assistance dogs only.

Approx 5 miles

Saturday 10 March 10:30

Jan & Les Cannings

Meet at Ladbroke Grove Station (Circle/Hammersmith & City line) for a linear walk to Camden Lock.

Registered assistance dogs only.

5.5 miles

Sunday 11 March 10:00

Ron Lockhart

(Joint walk with Ramblers Association Thurrock Society.)

Meet at Navestock Side. This is a figure of 8 walk, in the morning going to Navestock Heath and in the afternoon going down through the Weald Country Park to the Visitors Centre. No pub stop in Navestock Side so bring your own lunch.

Postcode: CM14 5SD

Grid Ref: TQ563973

Registered assistance dogs only. **7 miles (morning) 4 miles (afternoon)**

Tuesday 13 March 10:15

Jan & Les Cannings

Meet at Canary Wharf (Jubilee Line main exit) for a linear walk to the O2 via the Greenwich foot tunnel.

Registered assistance dogs only.

6 miles

Saturday 17 March 10:15**Alan Kendrick**

Meet at Navestock Side (Green Lane at the side of cricket pitch). Most of this walk is in Weald Country Park with good footpaths through fields and woodland. Coffee break at Visitors' Centre.

Postcode: CM14 5SD

Grid Ref: TQ564974

Registered assistance dogs only.

Approx. 5-6 miles**Sunday 18 March 09:00****Norman & Kathleen Valentine**

Meet at Harold Wood Station car park for car share to South Hanningfield, for a circular walk to Ramsden Bellhouse. Packed lunch advisable

Registered assistance dogs only.

9/10 miles**Tuesday 20 March 10:15****Anne Baker & Chris O'Connell**

Meet at West Ham Station for a linear walk to Stoke Newington Station, along the Lee Navigation Towpath, Walthamstow Marshes and Springfield Park. Toilets at the Tube after 1 mile.

Registered assistance dogs only.

5 miles**Saturday 24 March 10:30****Roy Clemance & Maureen Collins**

Meet at Station Road, Maldon, near the far end opposite the former Maldon East Station (free parking). The station is now a listed building used as office accommodation. Toilets are a few minutes into the walk. The walk from Maldon follows the Langford Cut to the Museum of Power where we stop for a break. We then visit the site of the old Langford Station and follow the route back to Maldon.

Nearest postcode: CM9 4LQ

Grid Ref: TL853075

Registered assistance dogs only.

5 miles

The frontage of the former Maldon East & Heybridge Station looks similar to this today. (Photo taken in 2004.)

*Photo courtesy of Nick Catford
www.disused-stations.org.uk*

Sunday 25 March

No walk planned. If you would like to lead a walk please email the details to haveringeastlondonramblers@gmail.com

Tuesday 27 March 10:00**Coral O'Neill**

Meet at Elm Park Station (toilets on platform) for a linear walk around local parks.

Registered assistance dogs only.

Approx 5 miles**Saturday 31 March (Easter Saturday)**

No walk planned. If you would like to lead a walk please email the details to haveringeastlondonramblers@gmail.com



Chris and John enjoying the October Ockendon walk.

Thank you to our Walk Leaders For This Programme

Alan Kendrick
Anne Baker
Carol Thomas
Chris O'Connell
Coral & Peter O'Neill
Jacquie & John Humphreys
Jan & Les Cannings
John Buckle
Ken Richards
Marion Franklin
Micky Doyle
Norman & Kathleen Valentine
Norman Larsen
Peter Owen
Peter Rees
Ron Lockhart
Rose & Chris West
Ros Kendrick
Roy Clemance & Maureen Collins
Sandra Dalton
Shirley Andrews

Ramblers Holidays Walking Partnership



The Havering and East London Ramblers group has recently joined The Walking Partnership. This new partnership, supported by Ramblers Worldwide

Holidays, provides direct financial contributions to local walking groups to help with organising group walks, encouraging people to get out walking, helping to clear and improve footpaths, providing equipment to help walkers etc. Over the past 65 years, Ramblers Worldwide Holidays has given many millions of pounds to assist walking charities and conservation projects in Britain and the countries they visit on their worldwide holidays. Now our group can benefit directly.

Ramblers Worldwide Holidays operate group walking holidays in the UK and all around the world. Each holiday is accompanied by a qualified walks leader, so you can leave all the organising to them and just enjoy meeting like minded people and of course, some fantastic walking. Holidays are graded in terms of difficulty, and there is a full range from sightseeing right up to hut-to-hut mountain treks. Take a look at their website on www.ramblersholidays.co.uk or give them a call on 01707 331113 for more details or to order a brochure.

Remember when you book to quote the name of our group, and we will then receive a contribution of £10 per person on UK holidays, £20 per person on short haul holidays, and £30 per person on long haul holidays. This extra funding could really make a difference to us.



Ramblers' Charity England & Wales No. 005337 Scotland No. SC039799

A moment to pause. Breathing in clear air. Sharing interests and conversations as you ponder the hills ahead. We have your passion for exploring worldwide and in the UK.

Choose any of our holidays and we'll contribute funds through **The Walking Partnership** to your group. Just tell us their name when you book.

Book a great value holiday:
ramblersholidays.co.uk
or call **01707 386804**



Walking holiday partner



Ramblers
Walking
Holidays **R**

Although with most shared footpaths, it's 'Pedestrian Priority'....



....in some cases it's best not to insist!